

Brewster Village Outagamie County's *Short Term Rehabilitation and Long Term Care Facility*

3300 W. Brewster Street - Appleton, WI 54914 (920) 832-5400

April, May, June 2017

Letter from the Administrator

Greetings! Spring is upon us and is so often associated with "new beginnings". There are so many "new" things happening, here, at Brewster Village that I am excited to share with you.

The first thing that we are so very proud of and excited about is something referred to as "PersonF1rst". You may have heard of person-directed care, well, PersonF1rst is an initiative to more fully immerse in this concept. Person-directed care or person-directed living is all about putting the expectations for quality of life along side the medical needs of each individual that lives here and striving to meet those expectations, as are expected by the villager. In doing so, we collectively strive to make living here, truly, a place to call home. Twenty-four of our direct care team members went through an intensive training to become trainers of the program for the rest of Brewster Village, and I am proud to say that the team has done a tremendous job! It is exceptionally heart-warming to see the difference that is being made and the relationships formed and strengthened as a result of this training.

The PersonF1rst training incorporates ten core values summarized as significant value and regard to relationships, personal identity, meaningful life, personal abilities, acceptance of risk, wellness of mind, body, and spirit, personal decision making and continual growing and learning. PersonF1rst also emphasizes the five human needs (occupation, identity, attachment, inclusion, and comfort). When all of these needs are met, a person can be open to giving and receiving love.

This training has brought additional awareness to the value of relationships. We are utilizing a method called, "Community Circles" to reminisce, grow, and learn together. Everyone is encouraged to join in and participate. It has been a wonderful way to strengthen bonds and get to know one another.

Another new and exciting opportunity being brought to Brewster Village is a relationship with UnitedHealthcare Healthcare insurance programs.

For many families, the search for quality, compassionate care for their aging loved ones can be emotionally draining. Nursing home residents often need specialized care and support. The UnitedHealthcare Nursing Home Plan offers more benefits than Original Medicare, plus a nurse practitioner who offers extra care coordination for the resident.

The nurse practitioner serves as a health care advocate and provides extra care management for long-term residents in skilled nursing facilities. They work with the resident, their family, doctor, and nursing home staff to coordinate care and communication.

To learn more about the UnitedHealthcare Nursing Home Plan and what it can do for your loved one, please contact the local sales representative, Gwen Culbertson at 920-639-6801 and 866-480-9927 or gwen_culbertson@optum.com. Or contact UnitedHealthcare directly at 866-480-9927, TTY 711, available 8AM to 5PM.

Plans are insured through UnitedHealthcare Insurance Company or one of its affiliated companies, a Medicare Advantage organization with a Medicare contract. Enrollment in the plan depends on the plan's contract renewal with Medicare. This plan is available to all people meeting certain eligibility requirements, such as living in a contracted nursing home.

We will also be hosting an informational presentation on Wednesday April 26th from 6pm - 7pm in the Community Center where you may come learn more about the program, all it has to offer while you enjoy a rootbeer float.

As with new beginnings can come new ends. Megan Van De Hey, UW-Eau Claire Administrative Intern will be graduating in May. She has been a delight to have with us over the last year, contributing fresh ideas, perspectives, and improvements while developing her leadership skills. Her future is bright and we look forward to crossing paths with her as she begins her professional career. We also will be saying, "congratulations, thank you, and bidding adieu" to Jeff Marks, Support Services Director, and Yvonne Rochon, Social Worker, who after nearly 74 years (not a typo) of combined service to the former Outagamie County Health Center and now Brewster Village, will be retiring this spring. Their last working days will be April 28th and May 24th, respectively. Words cannot express the appreciation for these two individuals. They have invested their careers, and more importantly their hearts to serving Outagamie County and those in need of long term and short term support and medical services. They will most certainly be missed and we can't thank them enough for all that they have done and accomplished with us!

As their time here ends, we have a few "new" beginnings. Jeff McCabe, who many have met when moving into Brewster Village, will be our next Support Services Director. His many years with Outagamie County Health Center and Brewster Village will well suit him in his new role with us. This brings us to Jenn Kruse. Jenn has been with us for a couple of years, now, as a Social Worker and will be moving into a "new" role for her as the Social Services/Rehab Coordinator (formerly held by Jeff McCabe). With this, we also welcome Danielle Reistad. Danielle comes to us from previous experience in hospice services and long term care. We are excited to welcome her to the team and look forward to working with all of these talented individuals in their "new" roles!

Wishing you a happy spring and looking forward to sharing these exciting ventures with you,

Morgan Hinkleley
Administrator

National Volunteer Week: April 23rd - 29th

Brewster Village would like to thank **ALL VOLUNTEERS** that give of their time to help touch the lives of those that live here. In honor of National Volunteer Week, I would like to thank all our volunteers for enriching the lives of those that live and work here. Brewster Village is fortunate to have volunteers from a wide array of resources such as local schools, Lawrence University, churches, Volunteer Connection, villagers that live at Brewster Village and the general community who just wants to volunteer to brighten the lives of others. Volunteers offer a wide array of help at Brewster Village by assisting with activities, helping with community outings, hosting the café, helping the villagers get to and from the beauty salon, providing entertainment, leading worship services, organizing the library, providing individual time and so much more. We can't express how much we appreciate all of the dedication and compassion our volunteers have provided over the year....



If you or someone you know is interested in becoming a volunteer at Brewster Village, please contact Lisa Pingel at 832-5409 or email at Lisa.Pingel@Outagamie.org.

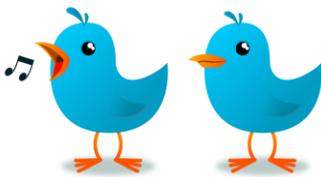
Calling All “Gardening Enthusiasts”

In the last letter of 2016, we announced our plans to create *Sensory Gardens* in the courtyards of Atrium Level One neighborhood. People who live with dementia benefit from sensory stimulation, so creating gardens which promote this can provide for an enhanced quality of life. On Saturday, October 8th, a group of family members and off-duty Brewster Village staff, under the direction of Jim Beard (recently retired Director of Landscaping – Fox Valley Technical College, volunteered their time to complete Stage 1; removal of vegetation and shrubs located in the Orchard courtyard. We relocated select plants to other areas of Brewster Village and finished by spreading mulch in preparation for the winter and ‘Stage Two’ of the process.

Stage Two will consist of planting the vegetation items along with pathways and resting locations which will make this sensory garden so significant. The goal is still to complete this phase in the spring, so our villagers can enjoy the garden’s offerings this summer and for years into the future.

The funding for this project is largely from monetary memorials designated for Atrium Level One. If you would like to contribute to this project, you may do so by stopping by the bank window and inform the business office staff that your donation is designated for the sensory garden.

Happy Spring,
Your friends on Atrium Level One



Friendly Reminder: Just a friendly reminder to all Villagers, Family, and Staff that we should only be using Nyger seed,suet (feeders that attract hummingbird or orioles are also allowed) to feed the birds.

National Nursing Home Week

Every year we enjoy celebrating National Nursing Home Week at Brewster Village! This year National Nursing Home Week is May 14th-20th 2017. We hope you can join in one of our many special events we will have during the week. Please watch the Announcements screen and Brewster Village website for more information. This year the theme for National Nursing Home week is The Spirit Of America.



A note from Yvonne Rochon

As some of you already know, I will be retiring this spring with May 24th being my last day. I started working 30 years ago in my current position, first at the Outagamie County Health Center and then transitioned to Brewster Village.

I have enjoyed the fabric of my career through meaningful relationships. I will truly miss the reciprocal connections I’ve made with villagers, both past and present, as well as their families. I have met some interesting and amazing people throughout my career who have enriched my life greatly. I loved hearing many of their stories.

I’ve also been blessed to have worked with awesome colleagues, including my favorite department of fellow social workers! The list goes on to include many dedicated nurses, doctors, managers, caregivers, homemakers, household assistants, clerical staff, rehab gurus, environmental services/central stores staff, dietary staff, and last but not least, volunteers. Many friendships have developed through the years.

I look forward to the next chapter of my life with eager anticipation and will always reflect back with heartfelt gratitude.

A note from Jeff Marks

Back in my youth, when I was trying to figure out what I wanted to be when I grew up (even though I'm still working on that), I very quickly realized that I needed to be involved in some professional endeavor that would provide me a deeper sense of meaning and purpose. It wasn't so much about money (though I, like everyone, wanted to be comfortable), it was more about wanting to do something that at the end of the day I would feel as though I had done something that contributed to the betterment of our larger community. That could have taken many forms, but it just so happened that I got a part time job to help put myself through school at the Outagamie County Health Center working primarily with mental health clients. In the process of this job experience, I discovered that I had a desire and passion for working in the health fields, particularly in mental health. Social Work seemed to me to have a broad application for working in that field, and so I chose that (again, the not being driven by money reference can be inserted here). Fast forward to graduation and the beginning of job search... It just so happened that a social worker position became vacant at about the same time. I applied for it, was hired and went from being a CNA to the social worker position all in one day. That's how things were done "back then"! I benefited greatly from being a part of the beginning of a cohesive, collaborative, progressive and stable professional team that was able to build a facility with a strong reputation for top quality care. It was still very institutional in nature, but we provided great care and made the best of the facility at our disposal. In mid career, all of us working here at the time, had the very fortunate and unique opportunity to be a part of a project to conceptualize, design and build a new facility that would break the mold and be at the cutting edge of long term care environments. I liken the experience to getting a shot of adrenaline for your career. It energized everyone involved and took us collectively to new levels of creativity. That process continues to this day, and will for the foreseeable future. Everything that has been accomplished during my career is a result of my having the honor and privilege of being a part of a highly dedicated, passionate, intelligent, creative, collaborative team of colleagues that have inspired me all along the way. I am endlessly grateful to each and every one of you. Those in need of long term care are indeed fortunate if they are among the lucky ones to receive it at Brewster Village! I thank everyone who has touched my career for giving me the opportunity to be a part of something with deeper meaning and purpose. My thank you is from the heart. I think I accomplished my goal. Keep doing great things.

Villager Rights

Villager rights are posted for your review in the Town Center. Enclosed with this mailing is a copy of the Villager Rights. If ever you are in need of an additional copy, please contact your Social Worker.

Looking for something to do this spring?

Don't forget about these opportunities!

Contact Megan Burns, Administrative Coordinator to learn more about program or to become a pilot.



History Museum at the Castle Exhibit
330 E. College Ave.
Appleton, WI 54911

Tuesday - Sunday, 11:00am - 4:00pm

CYCLING
WITHOUT
AGE



Visit our website at www.brewstervillage.org You can also catch up with us on Facebook!

www.facebook.com/brewstervillage

